



7150 Halcyon Park Drive, Montgomery, AL 36117 | 334.440.3330

JACKSON WELLNESS CENTER RULES

- All members must check-in at Member Concierge.
- Towels are available for checkout at Member Concierge or for purchase in the Retail Shop.
- To ensure a comfortable atmosphere for everyone, please be respectful of others.
- All equipment is available on a “first-come, first-serve” basis up to 30 min or less at a time during peak hours.
- Adhere to the dress code at all times.
- Please wipe down the machines after your workouts using the wipes provided by the Jackson Wellness Center.
- For safety purposes, please read instructions and properly use equipment.
- Please return and rack all weights and equipment after use.
- No food or beverages in fitness areas (except bottled water).